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| Forest school | School: Primate Dixon | Class: KS1 A.S | Size: 8-10 |
| Leader: Shauna Kerr  | Week: 1 |
| Date: 20/09/23 | Time:9.30am – 11.15am |
| **Learning objective:**The children should experience….* The boundaries of the site
* The rules of forest school
* The names of woodland trees
 | **Learning outcomes:*** I can say 1 thing about being safe at forest school
* I can say 3 things about being safe at forest school
* I can talk about being safe at forest school and say why.
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| **Previous knowledge expected from children**:None  | **Key words/concepts:**Safe, secure, rules, boundaries, collecting, looking, exploring, independence. |
| **Session outline** |
| **Warm up/arrival:** * Welcome and introduce staff and forest school
* Find and establish a meeting area

Make a circle and discuss forest rules introduce song“The forest, the forest, the lovely, lovely, forest. What should we do? What should we do? Out in the forest today? | First aid kitWhistle  |
| **Introduction:*** Set boundaries with flags to mark out the working site.
* Back to circle for story “Stanley’s sticks”
* Camp fire (if appropriate)
 | Flagsbook |
| **Activity:** * Play 123 where are you? Children understand that they must hide somewhere within the boundaries and when they here 123 where are you? They respond with 123 here I am. Whoever is the finder must follow the voice to find the children found children then become finders until all are accounted for.
* Blow whistle and everyone is to return to the circle – play again until everyone is comfortable with the area and boundaries.
* Talk about being safe in the forest. Circle activity to revise rules of the forest (learning objectives)
 | First aid kitwhistle |
| **Main focus:**Forest litter!* Whistle to gather at meeting circle, provide paper bowls/spoons and ask children to collect leaves/twigs and anything that they find interesting.
* Blow whistle to call the group back – sort leaves by colour, shape, size etc. talk about names of leaves. Provide spotter sheet for identification.
* Demo how to make a leaf crown
* Children to make their own crowns. Share and discuss snack
 | ClipboardsSpotter sheetsSticky back plasticCard for crown BowlsSpoonsMagnifying glasses  |
| **Free exploration:*** Revise forest rules and boundaries – children have time to explore and play in the area. All activities are still available.
 | First aid kitwhistle |
| **Plenary:**Pass round the forest school soft toy – ask the children to think of one word or sound to describe their session today**. Another opportunity to assess learning objectives/outcomes** | Soft toy Word bank |
| **Walk back to school** |
| **Key health and safety points:** Lost children – use whistle to call back to base, set out boundaries, assign adults to stand at taped areas, regular head countsNettles and other plants – visual and oral warnings. |
| **Wet/ hot weather option:**Base camp tarpaulin and ensure all children dressed appropriately. Sunscreen and hats applied |
| Session evaluation: scoring 10 excellent – 1 poor |
| Outcomes met |  | Behaviour/engagement  |  | Timing / pace |  |
| Observations:  |